

# January 2025 Newsletter

TOWN OF FORT  
QU'APPELLE



Valley of Festivals



## Voyent Alerts! and e-Notices

The Town of Fort Qu'Appelle is pleased to announce that we have a new way to communicate with you! We now have the ability to communicate with you via email for utility, tax notices and other important information.

Stay informed by contacting the Town Office to provide an email address.

Signing up is super easy. You can sign up by visiting our webpage at [www.fortquappelle.com](http://www.fortquappelle.com) or give us a call and we can help!



In this newsletter  
you can expect:

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Voyent Alerts! &  
e-Notices

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Garbage &  
Recycling  
Updates

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Business & Pet  
License  
Renewals

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Meet Your New  
Council

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Snow Policy

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Reporting Street  
Light Outages

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Prairie Coop  
Rexentre  
Schedule

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## Garbage and Recycling Update

At the meeting held on December 12, 2024, Council passed a resolution to engage Loraas Disposal of Regina to collect the household waste and recycling for the Town of Fort Qu'Appelle. The contract is a 7 year term effective January 1, 2025.

The decision came after examining the option of continuing to keep repairing a 14-year old truck with multiple issues or purchasing a new truck. After reviewing the costs associated with the old truck since purchased in 2022 and the prohibited cost of a new one, the decision was made to go with Loraas Disposal.

Moving forward, household waste and recycling will be picked up bi-weekly (twice a month). New 2025 collection calendars are available in the office, on our website and on Facebook.



### Business & Pet License Renewals

In January 2025, the Town Office will send out renewals invoices for business and pet licenses.

Please come to the office to renew any pet license for the 2025 year.

We accept cash, cheque, debit, e-transfer and credit card payments in office.

Please note the following:

#### HOUSEHOLD WASTE

1. All waste must be properly bagged and securely tied.
2. Any rotten food must be **double bagged** and securely tied.
3. Cat litter or dog feces must be **double bagged** and securely tied.
4. Please do not put recyclables in the household waste.
5. The Town is actively seeking approval with NVWM to allow town residents to take their grass clippings and yard waste to the landfill at no cost. You may have to prove residency, such as a civic address.

#### RECYCLING

1. When putting boxes in the bin, please break them down or flatten them. A list of materials that can be put in the bin will be posted.
2. NVWM has a cardboard recycling bin and compactor next to the Town Shop located at Company Avenue and 3rd Street. This is open to all residents.



### Reporting Street Light Outages

All lights in Fort Qu'Appelle are owned and maintained by SaskPower.

THERE ARE THREE WAYS TO REPORT STREETLIGHTS:

1. Use the SaskPower App to report streetlights.
2. Visit the SaskPower website ([www.saskpower.com](http://www.saskpower.com)) and use the online map to find the exact streetlight that needs repairs.
3. Call 310-2220 or 1-888-355-5589 to report a power outage or a burnt-out streetlight.

DID YOU KNOW?

We have 243 street lights which cost approximately \$3500.00 per month





## Placing your carts

Carts must be out by **7 a.m.** on your collection day.

Place the carts on flat ground, not on a raised platform. If you have front street collection, make sure the cart wheels are placed against the curb.

## Spacing your carts

Leave enough space between, above and around all sides of your carts - this ensures carts can be safely collected.

If you can easily walk between and around your carts, that's enough space.

Keep carts away from fences, vehicles, poles, electrical wires and overhanging trees.

## Why is space needed?

The automated arm on the collection truck needs lots of space to work safely. The arm can span as wide as 2.5 metres and goes as high as 3 metres in the air.

Putting your carts out the right way means we can pick up the carts safely for you and your neighbours.

## Storing your carts

Carts must be put away on non-collection days. Store your carts on your property after collection has occurred. Only put your carts out as needed on pickup days.

## Filling your carts

- Fill your carts and make sure the lids are mostly closed.
- Make sure the material isn't packed in too tightly.

**Yes. Bag waste material before placing into cart.**

**Yes. Put recyclables loose into your blue cart.**

See special instructions on reverse for items such as shredded paper.

## Recyclables must be:

### Empty

- Remove lids and caps off containers.
- Pour out liquids and scrape out food bits.

### Clean

- Rinse out all food containers.
- Labels can be left on jars and cans.

### Dry

- Put all recyclables inside the blue cart for pickup.
- Keep cart lid closed and clear snow off the lid of your blue cart in winter.



620 McLeod Street, Regina, SK S4N 4Y1  
 Phone: (306) 721-1000 • Fax: (306) 721-2543  
 sales@loraasdisposal.com  
 loraasdisposal.com



**0.5 metres (2 feet)** between carts.



**1 metre (3 feet)** away from poles and vehicles.



**3 metres (10 feet)** of clearance above carts.



**0.5 metres (2 feet)** space behind carts.



Store your carts on your property after collection.



**BLUE CART  
RECYCLING**



**BLACK CART  
GARBAGE**



Allowed	Not Allowed
<p>Paper &amp; Cardboard</p>	<p>Plastic Bags</p>
<p>Plastic Containers</p>	<p>Food &amp; Garbage</p>
<p>Mixed Packaging</p>	<p>Wood &amp; Metal Scraps</p>
<p>Shredded Paper (in bags)</p>	<p>Hose &amp; Rubber</p>
<p>Food Cans &amp; Foil</p>	<p>Toys</p>
<p>Glass Jars</p>	<p>Light Bulbs</p>
	<p>Dishes</p>

Allowed	Not Allowed
<p>Foam Packaging</p>	<p>Household Hazardous Waste</p>
<p>Rubber Hoses</p>	<p>Electronics</p>
<p>Household Waste</p>	<p>Oil Filters and Containers</p>
<p>Diapers</p>	<p>Batteries</p>
<p>Plastic Cutlery &amp; Straws</p>	<p>Propane Containers</p>
<p>Lotion &amp; Toothpaste Tubes</p>	<p>Tires</p>

Check with your municipal office for options to recycle items not allowed in the cart collection programs. e.g. Light bulbs, tires, electronics, wood.



## Meet Your New Council



**Brian Strong**  
Mayor

Brian grew up in Waskada, MB and was a trustee of Benson, SK rural school board and president of Benson Recreational Co-op Association before he and his wife moved to Fort Qu'Appelle 15 years ago. He believes his professional experience as Senior General Chairman for the International Brotherhood of Electrical Workers is going to be an asset moving Fort Qu'Appelle forward.



**Marcy Johnson**  
Councillor

Marcy, Assistant Administrator for the R.M. of McKillop says she has a bit of history in municipal experience, including working for the provincial government's municipal advisory services.



**Matthew Boha**  
Councillor

Matthew moved to Fort Qu'Appelle a year ago and works for Fries Tallman Lumber. "Fort Qu'Appelle could be so much more than a retirement community. It is a beautiful place; a lot of people want to move here and raise their family."



**Alysia Pletz**  
Councillor

Alysia is a paramedic who grew up in Fort Qu'Appelle, is an established community volunteer with several organizations. She brings an informed option to the council table.



**Rebecca Zacharuk**  
Councillor

Rebecca who works for the R.M of North Qu'Appelle #187 says she wants to "bring the town out of the 1990's. Everything has been the same for the last 30 years. We can do better."



**Jann Cyr**  
Councillor

Jann has an extensive background in business administrative and has a deep passion for people and for the town's continued growth. Jann is the director of Lakeview Lodge on Pasqua First Nation. She pledges to work to reverse the town's decline in economic growth.



**Ron Shordee**  
Councillor

Ron has lived in Fort Qu'Appelle for over 35 years and was the store manager for the SAAN store for 22 years. He also announces the Fort Knox Junior B hockey games. Ron is a returning council member and currently sits on the Living Sky Community Development Board along with the East Central Transportation Planning Committee and the Senior Centre.



# January Prairie Coop Rexentre Schedule

		January 2025						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5	PGMHA U18 KIDS VS PARENTS 3:15PM-4:45PM MURIEL GOODMILL PASQUA FN SPORTS 6:15PM-7:45PM	WALKING PRG 2PM-3PM STICK & PUCK 3:30PM-4:45PM FOMHA U7 PRACT 7:30PM-8:45PM COMBINES REC 9PM-10:15PM	WALKING PRG 2PM-3PM SKATE FORT QU'APPELLE 4PM-6:45PM FORT KNOX PRACTICE 7PM-9PM	WALKING PRG 2PM-3PM PUBLIC SKATING 3:30PM-4:45PM FOMHA U18 PRACT 6:15PM-7:30PM FOMHA U15 PRACT 8:15PM-10:30PM	WALKING PRG 2PM-3PM STICK & PUCK 3:30PM-4:45PM FOMHA U9 PRACT 5PM-6PM FOMHA U11 PRACT 6:15PM-7:30PM PELICANS REC 8:15PM-10:30PM	WALKING PRG 2PM-3PM PUBLIC SKATING 4PM-5:45PM FOMHA U7 PRACT 6PM-6PM FOMHA U9 PRACT 6:15PM-7:15PM FOMHA U15 vs HWY 9 PREDATORS 7:30PM-9:45PM	FOMHA U7 vs BALCARRES 9AM-10:15AM FOMHA U9 vs TULNA KELLHER 10:30AM-11:45AM FOMHA U11 vs QUAD TOWN 2 12PM - 1:45PM FOMHA TBD 2PM-4PM FOMHA U13 BRONCOS vs 4 NATIONS 4:15PM-6:15PM FORT KNOX vs SILVER FOXES 6:30PM-9:30PM	
6	SKATE FORT QU'APPELLE 10:30AM-11:45AM FORT KNOX vs ASSINIBOIA 2:30PM-5:30PM FORT KNOX 5:45PM-7PM	WALKING PRG 2PM-3PM PUBLIC SKATING 3:30PM-4:45PM FOMHA U7 PRACT 6:15PM-7:15PM FOMHA U11 PRACT 7:30PM-8:45PM COMBINES REC 9PM-10:15PM	WALKING PRG 2PM-3PM SKATE FORT QU'APPELLE 4PM-6:45PM FORT KNOX PRACTICE 7PM-9PM	WALKING PRG 2PM-3PM FORT KNOX DEVELOPMENT SESSION 3:45PM-4:45PM FOMHA U11 PRACT 5PM-6PM FOMHA U15 PRACT 6:15PM-10:30PM FOMHA U18 PRACT 9:15PM-10:30PM	WALKING PRG 2PM-3PM PUBLIC SKATING 4PM-5:45PM FOMHA U9 PRACT 6PM-7PM FORT KNOX vs SILVER FOXES 7PM-10PM	WALKING PRG 2PM-3PM PUBLIC SKATING 4PM-5:45PM FOMHA U7 PRACT 6:15PM-7:15PM FOMHA U9 PRACT 6:15PM-9:30PM	FOMHA U7 vs BALCARRES 9AM-10:15AM FOMHA U9 vs TULNA KELLHER 10:30AM-11:45AM FOMHA U11 vs QUAD TOWN 2 12PM - 1:45PM FOMHA TBD 2PM-4PM FOMHA U13 BRONCOS vs 4 NATIONS 4:15PM-6:15PM FORT KNOX vs SILVER FOXES 6:30PM-9:30PM	
7	FOMHA U8 vs QUAD TOWN 9PM-10:15AM SKATE FORT QU'APPELLE 11:45AM FOMHA U15 vs ROANVILLE 12PM-2:15PM FORT KNOX vs DELISE 2:30PM-5:30PM MURIEL GOODWILL 5:45PM-6:45PM PASQUA FN SPORTS 7PM-8PM	WALKING PRG 2PM-3PM STICK & PUCK 3:30PM-4:45PM FOMHA U7 PRACT 6:15PM-7:15PM FOMHA U18 PRACT 7:30PM-8:45PM COMBINES REC 9PM-10:15PM	WALKING PRG 2PM-3PM SKATE FORT QU'APPELLE 4PM-6:45PM FORT KNOX PRACTICE 7PM-9PM	WALKING PRG 2PM-3PM PUBLIC SKATING 4PM-5:45PM FOMHA U18 PRACT 6:15PM-7:30PM FOMHA U15 PRACT 8:15PM-10:30PM	WALKING PRG 2PM-3PM STICK & PUCK 3:30PM-4:45PM FOMHA U9 PRACT 6PM-7PM FORT KNOX vs SILVER FOXES 7PM-10PM	WALKING PRG 2PM-3PM PUBLIC SKATING 4PM-5:45PM FOMHA U7 PRACT 6:15PM-7:15PM FOMHA U9 PRACT 6:15PM-9:30PM	FOMHA U7 vs BALCARRES 9AM-10:15AM FOMHA U9 vs TULNA KELLHER 10:30AM-11:45AM FOMHA U11 vs QUAD TOWN 2 12PM - 1:45PM FOMHA TBD 2PM-4PM FOMHA U13 BRONCOS vs 4 NATIONS 4:15PM-6:15PM FORT KNOX vs SILVER FOXES 6:30PM-9:30PM	
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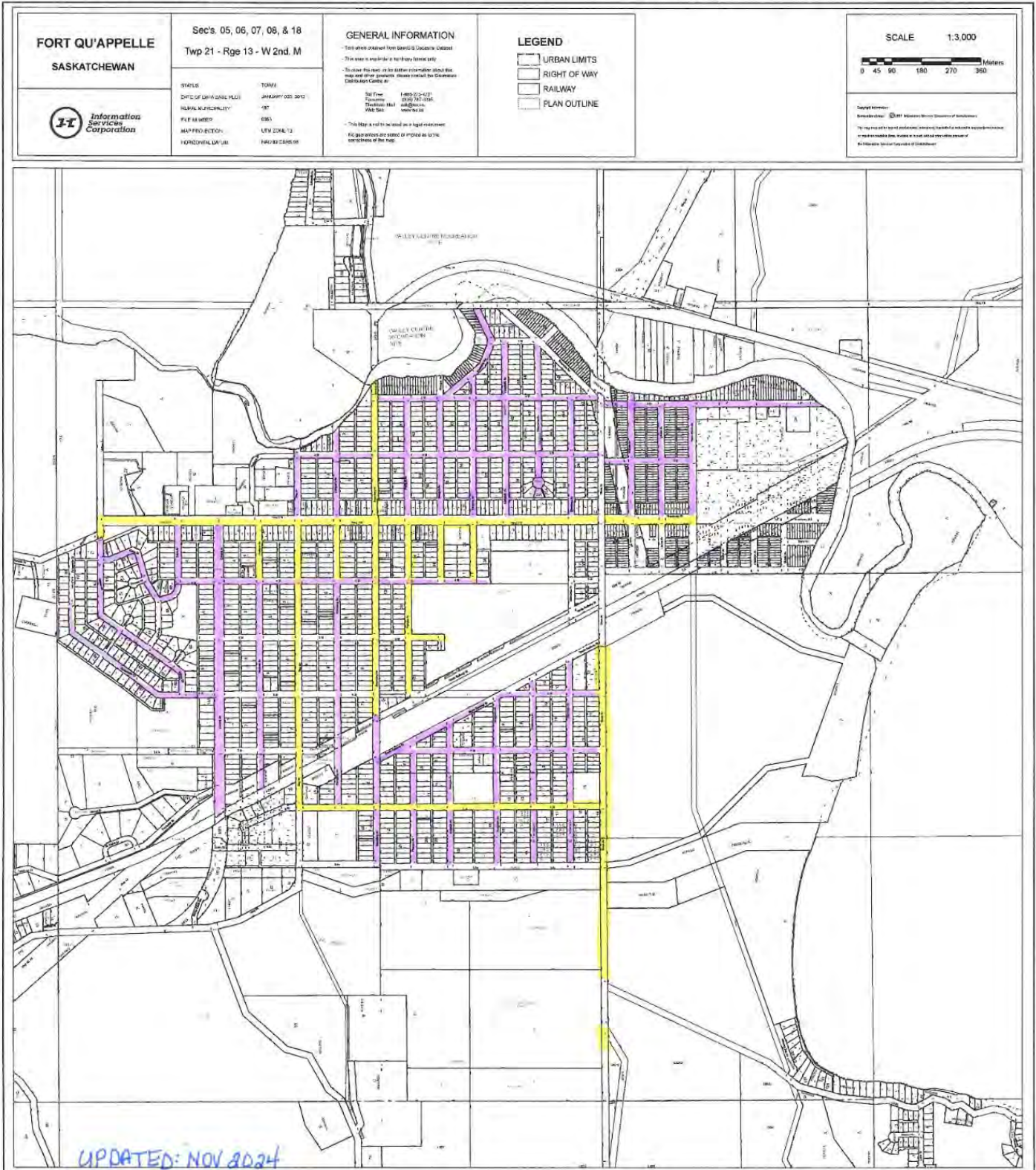
# Snow Route Map

Below is a map of the Snow Route.

Yellow - priority roads  
 Purple - secondary roads

Public Works is working as quickly as possible to clear the snow. We thank you for your patience.

\*\*Friendly reminder that residential and business sidewalks are the responsibility of the home owner or business owner. The Town will do business sidewalks after a winter storm. \*\*






# DO NOT FEED WILDLIFE

★ ★ ★

FEEDING WILDLIFE MAY SEEM LIKE AN ENJOYABLE WAY TO CONNECT WITH NATURE, BUT IT CAN OFTEN LEAD TO SERIOUS PROBLEMS FOR SPECIES LIKE SQUIRRELS, RACCOONS, DEER AND BEARS.

WILD ANIMALS WHO GET USED TO A HAND-OUT WILL OFTEN TAKE THE EASY ROUTE DESPITE AMPLE NATURAL FOODS BEING AVAILABLE – EVEN IN URBAN AREAS.

ALTHOUGH IT MIGHT SEEM HARMLESS AND CUTE TO FEED THE WILDLIFE THESE ACTIVITIES CAN LEAD TO INCREASED HABITUATION IN URBAN AREAS.




**NORTH VALLEY WASTE REGIONAL LANDFILL**  
3.5 km north of Fort Qu'Appelle off Hwy 35

**WINTER HOURS**  
NOV 1 – APR 30

**Monday to Friday**  
9:00 – 4:00  
**Saturday**  
11:00 – 2:00

Sundays & STATS Closed

**ACCEPTING:** Used oil, filters and containers  
Used Antifreeze  
Batteries  
Select household chemicals  
Grain Bags & Twine

[www.northvalleywaste.ca](http://www.northvalleywaste.ca)

# NEW ITEMS ACCEPTED

at **SARCAN** depots

FLEX



Crinkly Wrappers and Bags



Zipper-lock and Stand-up Pouches



Protective and Squishy Cushion Packaging

FOAM



Foam Trays, Take-out Containers and Cups



Rigid Foam Cushion Packaging



GLASS

Non-deposit Glass Bottles and Jars

You can now recycle **even more.**




Visit [SKRecycles.ca](http://SKRecycles.ca) for a list of all the items you can bring.



## Raising a Healthy Happy Eater

Tips for parents and caregivers to help children develop a positive relationship with food




- Do you have questions around what and how much your child should eat?
- Do you have a young child who your worry is a 'picky eater'?
- Do you cook different foods at one meal just so your child will eat?
- Are mealtimes a battle?

*If you are struggling with any of these issues or have questions about feeding your child, you are not alone.*

Scan the QR code to watch a video with practical tips, information and real life scenarios to help you support your child with eating.



<https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/raising-healthy-happy-eater>



Developed by SHA Public Health Nutritionists

Healthy People, Healthy Saskatchewan  
The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People. [saskhealthauthority.ca](http://saskhealthauthority.ca)



CS-PIER-0198    PIER - Patient Information and Education Resource

Area: Provincial  
OCTOBER 2024

Thank you for reading!

<p style="font-weight: bold; font-size: 1.2em;">TOWN OF FORT QU'APPELLE</p>	<p style="font-size: 1.2em;">306-332-5266</p>
<p style="font-size: 1.1em;">www.fortquappelle.com</p>	<p style="font-size: 1.1em;">136 Boundary Avenue South Box 309 Fort Qu'Appelle, SK S0G 1S0</p>